



WIAIH
.qc.ca

SERVICES • SUPPORT • LEADERSHIP

Au service des personnes ayant
une déficience intellectuelle ou l'autisme

Serving people with intellectual handicaps or autism

NOVEMBER 2011

The Informer

FAMILY HOLIDAY BRUNCH

... details inside



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WIAIH's Office Hours

Regular Hours are:
(Monday to Friday)
8:30 a.m. — 12:00 noon
1:00 p.m. — 4:30 p.m.

TELEPHONE: (514) 694-7090
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E-MAIL: info@wiaih.qc.ca

An answering service is available during the lunch hour. We will promptly respond to your message upon our return.

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Friends of WIAIH

Deadline for submissions to the next edition of *The Informer*: January 9, 2012

STATEMENT OF DISCLAIMER

WIAIH's main goal is to improve the quality of life of children and adults with intellectual handicaps or autism—as well as their families. In keeping with WIAIH's goal, The Informer feels morally obligated to share information brought to our attention which may be of benefit or of interest to our members. However, WIAIH does not necessarily endorse all the articles presented.

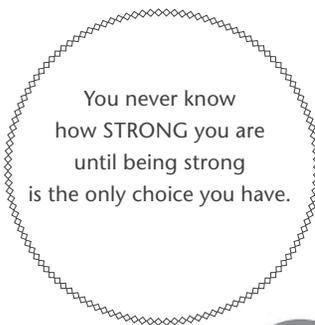
Would You Like to Receive *The Informer* Electronically?

If so, please send us an email to let us know at assistance@wiaih.qc.ca and we will put you on the list to receive the e-Informer. If you prefer to receive the Informer by regular mail, there is a \$5.00 cost per year to help defray postage/printing costs. Help WIAIH save money and trees and be eco-friendly!



WIAIH Needs Your Email

Please send us your email address so that we can easily inform you of all of WIAIH's upcoming events. Please send your email with your full name to info@wiaih.qc.ca.



Centraide
of Greater Montreal



West Island Community Shares
Compassion for your Community

AN INTELLECTUAL HANDICAP
is a permanent condition that affects,
in varying degrees,
one's ability to think, learn or reason.

WORD FROM THE PRESIDENT

MANON GERVAIS

Brrrr. The cold is making its way slowly, snow will soon join in and the next thing you know, it will be the Holidays and time for gatherings. To help prepare, do not forget our wonderful holiday greeting cards are already available at our offices or on line. Talking about gatherings, we hope to see you at our Pot Luck Brunch on Sunday, November 27th.

Since August, the Board meets more regularly and the adhoc committees in place are meant to improve all the services we provide. On that subject, during the summer, a survey was conducted by some of our board members with many families and caregivers in order to get their feedback on our summer activities. We are very happy to inform you that you are all very satisfied with our summer programs offered. Our efforts are well worth it. Congratulations to all the personnel involved in these activities as well as to all the volunteers.

MEET WIAIH BOARD MEMBERS

Our President



Mother of three: one boy and two girls, my youngest is 11 and autistic. My involvement with WIAIH dates back to 2002 at which time my daughter attended the Pat Roberts Centre and we were informed about the Art Show. Every year, I would bake a few desserts and bring them over for this famous week-end. Since 2008, I have been part of the Board and now, I am the President. When not at WIAIH, I work full time at TD Insurance in the Information Technology Security Department. My few free moments are spent biking, kayaking or cooking. I still prepare desserts for WIAIH, but this time, it's

for my Board members at meetings!

STAFF NEWS

Welcome back, Cherry!

I am happy to say hello again to an old friend of WIAIH, Cherry Marshall. Cherry has been involved with WIAIH since 2005, when she worked in the recreation department in many roles, but mainly as Director at Camp Kinkora. Over the next several years, Cherry worked in recreation programs and as Coordinator of Community and Volunteer Relations during Franca's first maternity leave. Cherry holds a BA in Honours Political Science and an MA in Public Policy and Public Administration. Cherry has most recently worked for Food Banks Canada in Toronto, as Research Coordinator.

Cherry will be with us for the duration of Franca Kesic's maternity leave, until April 2012. She is replacing Evelyn Lockett who is no longer with us. We wish Evelyn good luck and thank her for all she did for WIAIH.

NATALIE CHAPMAN

WIAIH TIPS AND TOPICS

For more information on the following notices, call Cherry at 514-694-7090, extension 14 or email assistance@wiah.qc.ca.

Looking for great volunteers



Karen Keenan, a member of the WIAIH Board of Directors, has organized two poker tournaments at the Lachine Soccerplex, raising over \$3,000 for us. Karen needs help and we are presently searching for a volunteer who can manage and oversee this potentially lucrative fund-raising initiative. The perfect person will know how to play poker (and can play, if she or he so wishes), would be in charge of all the monies and must be available four or five times per year, usually Friday evenings. (WIAIH would need to do a police check.) If you are interested in having fun and helping a good cause, please let us know!

Are you well organized or have some book-keeping experience? We need some support for our Holiday Greeting card campaign. The ideal person would be able to come in to WIAIH two afternoons per week for two hours, starting immediately until the 20th of December. Please help us to make this campaign the biggest success it can be!

Are you interested in contributing to a fun-filled WIAIH family event? We are currently looking for volunteers to help with our Annual Holiday Family Brunch on November 27. This is a great one-time volunteer activity and there are various volunteer positions to fill.



Facebook

Looking for another way to connect with the WIAIH community and to keep up to date on issues of interest to special families? Like

WIAIH on Facebook! Our bilingual page features the latest news about WIAIH events, articles and new items of interest to our membership, and the websites and videos that inspire us.

Refer a professional

We are often asked for the names of professionals who are willing and capable of working with people who have special needs. Do you have a fantastic dentist or speech therapist that you can refer? Send us their names and we will put them on our list for parents on the look-out for great people! assistance@wiah.qc.ca

What's new at your CLSC (Lac-St-Louis or Pierrefonds)?

A pilot project support group for siblings of children with special needs who are 8 – 12 years of age. Groups take place at CLSC Lac-St-Louis in Pointe-Claire from 4 to 5:30 pm, once a month starting in October until May. Call 514-697-4111, #1507 or 1548 for more information.

Reorganization of the Readaptation Centres in Montreal

We now have a new establishment in Montreal: the **Readaptation Centre of Montreal for Intellectual Handicaps and Pervasive Developmental Disorders**. This is the result of a voluntary merger of three centres: *Lisette-Dupras*, *l'Intégrale* and *Gabrielle-Major*. There is now only one Board of Directors for the new Centre. In all, this centre will serve almost 5,000 people and their families and manage about 2,000 residences. We have just learned that *Miriam* and *West Montreal Readaptation Centre* will be offering a common access procedure for all second line services.

Source: Le Petit Infocradi

In Memoriam

WIAIH members are saddened at the passing of **Odette Hubar**. Odette served on the WIAIH Board and worked on the Art Show. She was a passionate lady and we will certainly miss her. Our condolences go to her family and of course to her son, Philippe.



WIAIH KIOSK CORNER

Last February, through a LOTOMATIQUE subscription sold at our kiosk at Cavendish mall, a group of 10 people shared \$20 000 000.

After selling this winning ticket, we had an outstanding subscription sales performance.

On September 30, 2011, WIAIH received an award for exceptional performances from LOTOMATIQUE. I would like to thank a long-term WIAIH employee, **Carole Jobin**, who's done a great job with our clientele at the kiosk.

The holiday period is coming soon! If you are looking for gifts, a lottery ticket is always welcome. Come and see us at one of our kiosks,

- Dorval shopping centre,
- Cavendish Mall or
- Plaza Côte-des-Neiges.

For more info on Lotomatique subscriptions or any other lottery tickets please don't hesitate to call me at (514) 694-7090 ext. 17.

JOSÉE MARCOTTE
KIOSK-COORDINATOR

FROM THE RECREATION DEPARTMENT



If you have a child between 8 and 11 years old and you are in need of some recreation for them on a Saturday morning this could be the program for you! There are still a few spots left.

Variety Pack takes place at the YMCA in Pointe-Claire every Saturday from 9 am to 12 pm. Activities include gym time, music, art, games, puzzles. When weather permits we play in a fenced-in outdoor play ground. Participants bring their own snack. Cost is \$300 for a 31 week program.

For more information or to register please contact Tracy Wrench, Recreation Coordinator at 514-694-6531 ext 18 or loisirs_rec@wiah.qc.ca



AMUSE'ACTION IS OPEN FOR BUSINESS!!

Amuse'Action is a service that provides afternoon care for people over 12 who have an intellectual handicap or autism, Monday to Friday from 2 pm to 6 pm. The service is located in a wheelchair-accessible gym space and activities include games, arts & crafts, puzzles and homework support.

Participants are encouraged to bring a snack. Registration is required. Space is limited.

The service costs \$270 per month for four hours, five days per week, October 2011 to June 2012. We open on Wednesday at 12 pm for a small additional fee and are willing to open at other times to help families. Could you use this service for pedagogical days? Would you like to register? Or need more information? Contact Tracy 514-694-6531 ext 18 or amuse-action@wiah.qc.ca.

Thanks to financial support from the *Minister of the Family and Seniors* we were able to rent space at Valois United Church, so Amuse'Action is once more available to help families.



BIG MOVE FOR SUMMER 2011

After 14 years of being located in Val Morin, we are relocating « Chalet Holiday » (one of our summer vacation programs) to the Villa Marie-Rose in Val-des-Lacs, which is 15 minutes from Camp Kinkora.

We are very excited as this new location provides more living space and that will translate into more privacy for our campers in terms of sleeping arrangements — only two campers per bedroom at the most. The Villa Marie-Rose has a large rec-room and screened-in dining area overlooking the lawn and beach area. The Villa is located on a semi-private lake where motorized watercraft are not permitted.

You are all invited to our Open House in the afternoon of Wednesday May 2, 2012, details to follow. We look forward to showing you this lovely vacation spot that will give our participants a serene, safe and satisfying holiday experience.

WHAT'S UP AT THE PAT ROBERTS DEVELOPMENTAL CENTRE?



On October 15, the PRDC staff and volunteers organized a bazaar to raise money to continue their occupational therapy project that has proved to be such a success in the past year. About \$1,500 was raised to go towards the \$10,000 cost of the project.

Why occupational therapy? Children with autism or other special needs perceive the world differently due to their sensory issues. The support of an occupational therapist helps us better understand and interact with our students through improved sensory integration, known to be strongly related to one's development, learning abilities, behaviours, motor development, interactions with others, etc. We know it will benefit the educators and the parents as well as the children we serve.



QUILT RAFFLE to benefit the Pat Roberts Developmental Centre

Hand-quilted Pinwheel pattern in navy blue, red and white
Dimensions : 86 by 100 inches

Tickets (2\$) will be available at the Holiday Brunch where the draw will take place at the Marcel Morin Community Centre, 14068 Gouin West, Pierrefonds.

"Thank you" is not enough

They say it takes a village to raise a child. In our case, it took a very special group of ladies that spend their days in a little white house on Gouin Boulevard. Do not let the unassuming and time worn exterior fool you. It may appear as a little piece of local history sitting among the daily hustle and bustle of life. Yet when the door opens and the smiles greet you and your child, you realize that you have entered a haven. The reassuring and encouraging people that surround you make you realize that this voyage your child will be taking has a destination. The destination is finding his or her place in the world and rejoicing in who they are while they are marching to the beat of their own drum. As a lost and worried parent, you walk into a family of people who share so much. This family is made up of a team of educators, and Lyne, who orchestrates the flow and the other parents.



Lyne and her team help not only the child to navigate the myriad of daily challenges but they keep the focus on building self-esteem. As it has been said with Justin, "it might be a slow boat to China, but we will get there as long as it keeps moving forward." There is also the gentle yet firm hand that guides the parents to becoming a stronger advocate for their child. In a world of closed doors and detours, this direction is priceless. You will never hear the words "we do not have time for this." The door is always open and the communication always there.

The changes that we have seen as a family and friends of Justin have not gone unnoticed. We all have benefited from his time at Pat Roberts.

I have found this to be one of the hardest things to write. If I were able to write the word "thank you" in every possible language that ever existed in the history of mankind, it would not be enough to express what is in our hearts. I can never express how truly wonderful these ladies are.

TANIA HEMMINGS,
MOTHER OF JUSTIN

NEWS FROM THE RESIDENCE



A RESIDENCE'S BEST FRIEND

"Did you bring Lola today?" they each ask as they come home from work and see Susan. "Where is she?" Susan, one of the caregivers at Valois Residence, goes to the office and asks Lola to come out and say hi. Lola is a favourite visitor at the Residence, and faces light up whenever she comes into view.

But Lola isn't a human visitor — she's a beautiful golden retriever, a dog with a gentle, trusting, and loving nature. She mingles comfortably with the residents, and gives as much love back as they give to her. Lola has been an unofficial staff member at Valois Residence for the past two years, and is an integral part of the household now.

In the mornings, Lola helps Susan wake the residents up, with her joy-of-life attitude rubbing off on even the most reluctant riser. And when she tries to 'steal' a stuffed animal from someone's room (she is a retriever, after all!) there's a chorus of laughs when she gets caught.

We might call it pet therapy — the benefits that come from spending time with a furry friend — and the staff can certainly see it in the relaxing of body tension and calming of rough moods when the residents pet Lola and talk to her. But for the residents, it's simply having a friend who accepts them just as they are, who is always happy to see them, and who gives them unconditional love.

JANICE TUCKER, VALOIS CAREGIVER



THANKS HOME DEPOT!

A BIG thank you to Home Depot for their donation of trees, plants, ground cover, shrubs and flowers. And a heartfelt thanks to Andrew, Paul, Emily, Philippe, Camille and especially Jane for all their hard work. Also many thanks for supporting the Running Room race at Oka National Park to benefit WIAIH with their donation of bottled water! So appreciated.

MARY RAINVILLE



WHY DO I LOVE WORKING HERE??

Last week, one day after work, Russell and Alicia and I attended a small Art Exhibit where WIAIH had the opportunity to receive a percentage of the proceeds of the sales. A 5:00—7:00 wine and cheese kind of thing. Russell and Alicia came as ambassadors of WIAIH which they do so well. Russell had on a nice pair of jeans, a white shirt and his dark suit jacket. When we arrived in the parking lot of the building where the exhibit was, we met up with Natalie Chapman. Natalie immediately said "Russell you look very nice, I love that jacket on you," to which our man of few words replied with a proud smile "James Bond", as he strutted to the door! Ya gotta love him!

MARY RAINVILLE,
VALOIS RESIDENCE COORDINATOR



Richard Myette with Robert from Loyola

Robert is one of three students who is doing his CSP with Valois this term. Recently Richard was the lucky recipient of two Montreal Canadiens hockey tickets courtesy of Pierre St-Jean! He decided to invite his long-time colleague Pat Baker from Marianapolis to join him for dinner and the game. Fortunately Robert was able to escort Richard to the Bell Centre, where he met up with Pat for a great game, dinner and "UNE grosse bière"! A happy fan!

WIAIH Undergoes a BIG Facelift



AFTER MANY YEARS OF NEEDING ONE, we finally took the bull by the horns. Insulation in this 76 year old building was not what it should be, so we pulled down plaster walls, added insulation, re-installed the gyproc, filled the joints, sanded, polished the floors and repainted the walls. During this process, staff who had been displaced from the second floor, installed themselves in the Board room. I need to thank everyone (including staff from Placement Potentiel with whom we share our space) for the good humour, flexibility and hard work that allowed a project like this to happen. I must especially thank Jean-Pierre Lacroix for orchestrating the move and overseeing all the work. He is truly an extraordinary, hard-working volunteer and we are so lucky to have him!

Hopefully our gargantuan icicles will be a thing of the past and our heating bills will be cut in half!

NATALIE CHAPMAN,
EXECUTIVE DIRECTOR



WIAIH'S ANNUAL FAMILY HOLIDAY POTLUCK BRUNCH

**Sunday November 27th, 2011 —
noon to 4 pm**

"He's making a list and checking it twice" — Santa is coming to WIAIH's Family Holiday Brunch.

You don't want to miss this date! Come with your family and friends for an afternoon of music, food, fun and a visit from Santa at the Marcel Morin Community Centre, 14068 Gouin West, (Pierrefonds) from noon to 4pm. Bring your favourite dishes to share with others.

For more information, or if you would like to help with the organization of this event, please call Cherry at 514-694-7090, ext. 14.



RALLY FOR AUTISM IN MONTREAL on November 23, 2011.

Following on the demands made last spring, we are continuing to put pressure on the government. The problems lived by parents trying to get appropriate services are still huge and are causing much distress and dissatisfaction.

By coming together at this rally, parents across Quebec will show the government that there is solidarity and the demonstration will show that we have decided to be heard and to claim our rights.

For information about the time and place of the rally, call ATEDM at 514-524-6114, #3053, www.autisme-montreal.com.



TRADITION VS. TECHNOLOGY

The time is approaching when we think of sending Christmas greetings to friends and family. Today, many people just bring up a design from their software, print a message, then press send. An e-mail card can reach many friends at one time to be viewed on their computer screens — efficient, time-saving and inexpensive.

Then there is the traditional way. You go out, buy cards with a picture and message you wish to send (I recommend buying WIAIH cards. The selection is great!) You may write a brief note, bringing your friends up to date with family news, then sign it and mail it — time-consuming, may be costly, but so much more personal and thoughtful. I like the idea of receiving cards and placing them around the house, giving a Christmas atmosphere.

With our busy lives and tight economy, we have to make a choice — *technology or tradition.* I know what my choice will be, because I am an old-fashioned gal!

SASHA CULLEY



WIAIH'S 2011 HOLIDAY GREETING CARD CAMPAIGN



WIAIH HOLIDAY GREETING CARDS ARE BACK! We have nine beautiful scenes to choose from that will be sure to please everyone on your holiday card list.

Greeting cards are \$.90 each. We are happy to offer personalized messages or your logo in the cards for an additional charge.

Cards are available for purchase and order at WIAIH, from 8:30am to 12pm and 1pm to 4:30pm from Monday to Friday.

Printable order forms are also available online at: <http://goo.gl/od2BZ> or on WIAIH's website.

Images of the cards are available at: <http://goo.gl/dTtUJ>

Please help us increase our customer list by passing on information about our Holiday Greeting Card Campaign to friends, family and colleagues. The Holiday Greeting Card Campaign is a major fundraising project for WIAIH, and its success is dependent on the efforts of our dedicated volunteers, WIAIH staff, and the WIAIH community.

WIAIH is also pleased to be selling greeting cards featuring paintings by the late Shelagh Culley. Shelagh's vibrant, colourful artwork has been featured at numerous art shows and has received many accolades. Cards are available at WIAIH for a cost of \$12 for 12 cards.



CUPCAKE SALE TO BENEFIT WIAIH

The West Island Cake Club has chosen WIAIH to be one of two recipients to benefit from proceeds of their annual cupcake sale. The sale will take place as part of the DDO Craft Fair on November 19th and 20th at the Dollard Civic Centre.

Check out the craft fair and have a cupcake (or two) in support of WIAIH!



Many thanks to TD INSURANCE for generously being one of the major sponsors of the **WIAIH Running Room Oka National Park Race** on November 5th. Of course, we are very grateful to the Running Room and to the runners for their courageous and inspiring participation — and for their donations that make the big race such a stellar event!

Apps for Autism

At a recent workshop held at the Apple iStore and hosted by Dr. Murray Katz and a mother of an autistic child, apps designed for preschool and school-aged children were presented. Apps can be designed to entertain, such as drawing and stories, or to develop skills and concepts. Children can also record their own stories and archive their art work, building on language skills and self-esteem. Some



favorites were 'Drawing pad' by Touchscreenpreschoolgames.com, Math Magic by Smartots, Mobile Education Story Builder, Learn French and Play2 by bacorox.com and Proloquo2go by invo8-Ed.com, an assistive communication app with

thousands of images and customizing capabilities.

LYNE CHARLEBOIS,
COORDINATOR,
PAT ROBERTS DEVELOPMENTAL CENTRE

Movie Review

The Horse Boy: When his son Rowan was diagnosed with autism, Rupert Isaacson was devastated, afraid he might never be able to communicate with his child. But when Isaacson, a lifelong horseman, rode their neighbor's horse with Rowan, Rowan improved immeasurably. He was struck with a crazy idea: why not take Rowan to Mongolia, the one place in the world where horses and shamanic healing intersected?



The Horse Boy is the dramatic and heartwarming story of that impossible adventure. In Mongolia, the family found undreamed of landscapes and people, unbearable setbacks, and advances beyond their wildest dreams. This is a deeply moving, truly one-of-a-kind story of a family willing to go to the ends of the earth to help their son, and of a boy learning to connect with the world for the first time.

Equine therapy in our region

Lucky Harvest Project: In a nutshell, the Project owns, and operates the therapeutic riding center, whose sole activity is to provide therapy, rehabilitation and enjoyment to children, youths, and adults with physical, intellectual, emotional and/or developmental disabilities.
www.luckyharvest.org; (450) 264-0282

A TRULY INSPIRATIONAL VALEDICTORIAN SPEECH

"Never underestimate the power of a smile. ... do not allow yourself or others to be defined by your limitations but rather your abilities." — Eric Duquette

Eric is a young man born with autism whose parents were told he would end up in an institution. He did — he was accepted at every institution of higher learning to which he applied and was valedictorian of his high school class.

To learn more and be inspired, watch the video at www.youtube.com/watch?v=T1gZ0xsxDmc.

THE CHRONICLE AND CITÉ NOUVELLES YOUNG ACHIEVERS 2011

A West Island Phenomenon makes the Finals!

Michael Gacsi "Mishi," was born July 21, 2000. By the age of nine months, it was clear he was globally delayed and handicapped. Silent until almost the age of 4, he was finally diagnosed with global developmental delay with an intellectual handicap, severe apraxia of speech, sensory integration disorder and other fine and gross motor delays as well as asthma, and hypotonic low muscle tone.



Mishi's prognosis was not positive. His parents were told he might never speak, write, or be able to live independently.

Mishi's family focused on helping him help himself. Speech therapy, occupational therapy, alternative therapies/treatments, special diets, doctor's visits, sign language and hospital stays were part of daily life. His positive attitude and personality helped him immensely. His family re-mortgaged their house, and his mom stopped working in order to give him the best chance.

Stunning everyone, Mishi worked so hard, never gave up and now speaks in short sentences and can get his ideas across. He writes with an intense desire to do so neatly.

In his community, he has become a leader in ways that were never envisioned. Other children have been inspired. He repeatedly says to others with special needs "Don't give up!", "Keep trying! I did it, you can too!" and "Good job!" He interacts with all the kids, showing them that he is really the same at heart, different in small ways, but no different in spirit.

Mishi is involved in all-star cheerleading with the Flyers All Starz where the "Angels," (a special-needs team) were started. It was his example and his happy, innocent words and enthusiasm that persuaded other friends to join in the fun of cheerleading.

At first, unable to do even a sit-up due to low muscle tone, Mishi is now able to do a somersault and dance enthusiastically. This past year onstage at the Canadian Nationals cheerleading competition, Mishi successfully bent over into a gymnastic bridge. At the end of the performance he was unable to contain his happiness that he had DONE IT!

Mishi will not allow others to limit his potential. He has shown all who meet him that with determination and "a little help from your friends," we can all be winners.



CRUNCHY GLUTEN-FREE GRANOLA

Hands-in time: 20 minutes

Total time: 55 minutes

Makes: 9 cups

This sweet granola is so addictive that you'll want it for snacking on anytime, not just for breakfast. The recipe is good for people who want to avoid gluten but can still tolerate oats. Look for "gluten-free" or "wheat-free" labelling to ensure no cross-contamination.

- 5 cups wheat-free rolled oats, such as Bob's Red Mill
- ½ cup chopped hazelnuts
- ½ cup chopped whole almonds
- ½ cup raw sunflower seeds
- ¼ cup raw pumpkin seeds
- ¼ cup dried cranberries
- ¼ cup sliced dried apricots
- ¼ cup sultana raisins
- ¼ cup packed brown sugar
- 2 tbsp flaxseeds
- 2 tbsp sesame seeds
- ¼ cup brown rice syrup
- ¼ cup liquid honey
- ¼ cup canola oil or butter, melted
- ½ tsp salt

In large bowl, combine oats, hazelnuts, almonds, sunflower seeds, pumpkin seeds, cranberries, apricots, raisins, brown sugar, flaxseeds and sesame seeds.

In saucepan, heat together rice syrup, honey, oil, cinnamon and salt over medium heat until blended, about three minutes. Pour over oat mixture; toss to coat.

Spread evenly on two greased or parchment paper-lined rimmed baking sheets. Bake in 325 F (160 C) oven, stirring every 10 minutes and rotating pans halfway through, until golden, about 25 minutes. Let cool. (Make ahead: Store in an airtight container for up to three weeks.)

PER ¼ cup: about 133 cal, 4 g pro, 6 g total fat (1g sat. fat), 18 g carb, 2 g fibre, 0 mg chol, 37 mg sodium, 124 mg potassium. % RDI: 2% calcium, 9% iron, 1\$ vit. A, 5% folate.



MEMBERSHIP – RENEWAL – DONATION

Registered charitable number 10564 5196 RR0001
West Island Association for the Intellectually Handicapped

LAST NAME OF PARENT _____ FIRST NAME _____

NAME OF PARTICIPANT _____

DATE OF BIRTH _____ DIAGNOSIS _____

ADDRESS _____

CITY _____ PROVINCE _____ POSTAL CODE _____

TELEPHONE (RES) _____

TELEPHONE (OTHER) _____

EMAIL _____

CREDIT CARD INFORMATION

VISA MASTERCARD

_____ Name _____

_____ Card # _____

_____ Exp. Y. / M. / DAY _____

_____ Signature _____

MEMBERSHIP FEE \$25 / YEAR

RENEWAL (\$25)

NEW MEMBER (\$25)

NEWSLETTER SUBSCRIPTION (\$5/YEAR, via CANADA POST)

GENERAL DONATION \$ _____

An income tax receipt will be issued for amounts over \$20

CORRESPONDENCE & THE INFORMER NEWSLETTER (QUARTERLY)

ENGLISH FRANÇAIS

DELIVERY METHOD

EMAIL VERSION (FREE)

VIA CANADA POST (\$5 per YEAR)

TOTAL : PAYABLE TO WIAIH

\$ _____

DATE _____

SERVICES • SUPPORT • LEADERSHIP



depuis 1958

WIAIH
.qc.ca

Au service des personnes ayant
une déficience intellectuelle ou l'autisme

Serving people with intellectual handicaps or autism